



Mature Age Skills Training for Experienced Riders

The "MASTERS" Course is a defensive **road skills** course initiated by the Motorcycle Riders Association of the ACT, developed and conducted by Stay Upright Motorcycle Techniques and subsidised by the NRMA-ACT Road Safety Trust.

It is tailored to the needs of licensed riders returning to motorcycling after a lengthy break. The full day course is held at the Fairbairn Park Hillclimb Complex near Queanbeyan.

At no time is there any testing or need to perform during the course. Riders do all exercises at their own pace.

A **roadcraft seminar** the evening before focuses on refreshing roadcraft skills and development of a safe riding plan for the road.

The practical day covers many aspects of riding and technique. Throughout the course we continually explain the exercise then demonstrate the wrong way then the correct way. We pride ourselves in being able to analyse **WHAT** riders are doing and help them to become more aware of their limitations and riding techniques. The course delivery format is to explain, demonstrate, practice then evaluate.

Pillions are welcome to attend. Please advise when booking if a pillion is attending.

The morning session includes demonstrations of manoeuvring and cornering posture, normal and quick stops, counter steering, obstacle avoidance, slaloms etc at varying speeds.

The afternoon session is spent on cornering and is a very enjoyable learning process, with explanations and demonstrations in **HOW and WHY** you should do things, always at a speed which you are comfortable with.

Do you qualify for attendance? Answer the following questions and return with your enrolment application.

I am years old and first got my motorcycle licence in 19 I rode for about years, mostly touring , commuting , racing , dirt riding , averaging about kms per year. I stopped regular riding in the year

I have a current full motorcycle licence

I caught the motorcycling bug again in the year and am now riding a

.....
(make / model / size)

I have never had formal rider training OR
I have had formal rider training as follows:
(what / when / where)
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**Direct enquiries to Stay Upright on
6241 3963**

**Enrolment form over

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*NRMA-ACT Road Safety Trust and the
Motorcycle Riders Assoc. of the ACT*