



## Girls Education and Rider Safety (GEARS) Roadcraft Skills Development Course

# Girls Education And Riding Safety Fact Sheet

The NRMA - ACT Road Safety Trust recognises that motorcycle riders are a vulnerable road user group. The Trust supports education and training for motorcyclists and has been a significant contributor to a range of motorcycle safety initiatives since its inception. The Trust's support for GEARS programs is gratefully acknowledged.

### What is a GEARS course?

The course is for women only.

The GEARS course has been running since 2005 with funding initially from the ACT Government. Since 2007 the NRMA-ACT Road Safety Trust has provided funding to continue the course.

The GEARS course was designed by Girls on the Move Inc (GOT'M), with the assistance of ACT Stay Upright Motorcycle Techniques, to support women riders in the ACT, and is subsidised by the NRMA-ACT Road Safety Trust. The course is conducted by Stay Upright Motorcycle Techniques ACT and provides an opportunity to:

- Allow for the review of current female rider training;
- Provide advice on improving the delivery of training for women; and
- Develop a road craft course that will include both theory and on-road training.

GOT'M was founded in 2003 and consists of a group of female motorcycle riders and enthusiasts. It aims to provide a social network for female motorcycle riders and females interested in motorcycles. It also provides an opportunity for the sharing of information to enhance women's knowledge of motorcycling, support new riders, and those returning to two wheels.

If you have been riding for at least 3 months and are keen to review your riding practices and road craft techniques, then come along. The course is for women only and covers:

- Theory (why we do what we do)
- Participant ride (metro and rural)
- Feedback and review.

We all need to be aware and responsive on the road. The course will raise your awareness of potential road hazards and help you develop strategies you can use every day to maximise your safety on the road.

**Cost: \$90 for 5 hours training** with the course being subsidised through GOT'M with funding from the NRMA-ACT Road Safety Trust.

**For course dates, more information, or to register, go to [www.stayupright.com.au/act.htm](http://www.stayupright.com.au/act.htm) or call Stay Upright on (02) 6297 1144.**